

# WALK RUN BIKE

Lace Up  
for Sickle  
Cell Disease

**NEW DATE!** Sat., Oct. 14, 2023



Dear Friend,

At the Sickle Cell Disease Association of America, Connecticut (SCDAA.CT), we embrace prevention strategies to enhance the quality of life and well-being of the communities in CT impacted by Sickle Cell Disease (SCD) and Sickle Cell Trait (SCT).

We're looking for partners & participants like you; individuals who want to support the underserved communities of color and who desire to reshape the social, economic and academic landscape of those who are most vulnerable—our SCD youth.

See the list on the right for various ways you can support our event.

Sincerely,

**James Rawlings**  
SCDAA.CT, President & CEO

**Call:** 203-859-5355  
**Email:** [info.scdaasc@gmail.com](mailto:info.scdaasc@gmail.com)  
**Web:** [michelleshousect.org](http://michelleshousect.org)



Sickle Cell Disease  
Association of  
America, CT

Support Your Community

## WALK RUN BIKE

**NEW DATE!** Sat., Oct. 14, 2023

<https://runsignup.com/Race/CT/NewHaven/scdaascrunwalk>

College Woods East Rock Park  
41 Cold Spring St., New Haven, CT 06511

(Arrival: 7:30am. Start: 9:00am)



### WALK, RUN OR BIKE

1 Mile Walk, James Barber 5K Run  
or Bike with Friends. Entry fee:

- Children under 12 yrs = Free (registration required)
- 13-18 youth = \$12
- 19 & up = \$25

**T-shirt & race bib included**

Register: <https://runsignup.com/Race/CT/NewHaven/scdaascrunwalk>



### ONLINE FUNDRAISING

**Create your own fundraising webpage**  
that will enable you to collect donations  
for SCDAA.CT on a secure website.

**Create a fundraising TEAM webpage**  
where you are the captain and you invite  
others to fund raise with you!

**To get started, visit:** <https://runsignup.com/Race/Donate/64149/BecomeFundraiser>



### VOLUNTEER

We're expecting a huge turn-out and we  
need your help with everything from  
set-up, to registration, to hospitality.

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